

# APRIL

## Pinellas County Schools HS=>K-12 Satellite Menu

### Fun Facts!



April 2: Nat'l PB&J Day!



Earth Day is an annual event, celebrated on April 22, on which day events worldwide are held to demonstrate support for environmental protection.

#### DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, *i.e.*: Breakfast Sandwich,

Pancakes, Cereal & Toast, or Cereal Bar & Toast. Must choose at least 1: Fruit or Juice. May choose 1: Milk

Skim, Low Fat White, or Fat Free Chocolate.

#### DAILY LUNCH CHOICES:

Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal) May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

Available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Mon	Tue	Wed	Thu	Fri
2 Beef Rib-B-Q Sandwich Oven Crinkle Fries Fresh Veggie Dippers Canned Fruit	3 Corn Dog Carrots Romaine Side Salad Fresh Fruit	4 Roasted Chicken Spinach <i>OR</i> Collard Greens Sliced Cucumbers <i>w/ Dip</i> 100% Fruit Juice	5 Beef <i>or</i> Pork Tacos Fiesta Beans Leafy Green Side Salad Canned Fruit	6 Chicken-Broccoli Penne Alfredo <i>w/ Breadstick</i> Steamed Broccoli Fresh Baby Carrots <i>w/ Dip</i> Fresh Fruit
9 Chicken Sandwich Edamame Blend Fresh Veggie Dippers Canned Fruit	10 Pepperoni Stuffed Sandwich Oven Baked Beans Romaine Side Salad Fresh Fruit	11 Boneless Buffalo Chicken <i>w/ Biscuit</i> Sweet Potato Waffle Fries <i>OR</i> Glazed Sweet Potatoes Sliced Cucumbers <i>w/ Dip</i> 100% Fruit Juice	12 Teriyaki Beef Dippers <i>w/ Rice &amp; Roll</i> Steamed Broccoli Leafy Green Side Salad Canned Fruit	13 Chicken & Waffle Corn Niblets Fresh Baby Carrots <i>w/ Dip</i> Fresh Fruit
16 Hamburger/Cheeseburger Tater Tots Fresh Veggie Dippers Canned Fruit	17 Chicken Drumstick Hush Puppies Oven Baked Beans Romaine Side Salad Fresh Fruit	18 Chicken Nuggets <i>w/ BreadStick</i> Carrot Coins Sliced Cucumbers <i>w/ Dip</i> 100% Fruit Juice	19 BBQ Sandwich Corn Niblets Leafy Green Side Salad Canned Fruit	20 Chicken Tender Basket <i>w/ Onion Rings</i> Spinach <i>OR</i> Collard Greens Fresh Baby Carrots <i>w/ Dip</i> Fresh Fruit
23 Beef Rib-B-Q Sandwich Oven Crinkle Fries Fresh Veggie Dippers Canned Fruit	24 Corn Dog Carrots Romaine Side Salad Fresh Fruit	25 Roasted Chicken Spinach <i>OR</i> Collard Greens Sliced Cucumbers <i>w/ Dip</i> 100% Fruit Juice	26 Beef <i>or</i> Pork Tacos Fiesta Beans Leafy Green Side Salad Canned Fruit	27 Chicken-Broccoli Penne Alfredo <i>w/ Breadstick</i> Steamed Broccoli Fresh Baby Carrots <i>w/ Dip</i> Fresh Fruit
30 Chicken Sandwich Edamame Blend Fresh Veggie Dippers Canned Fruit				<p><i>All menus are subject to change! We do our best to provide our customers with all of our planned options, however, occasionally weather, crops and supplies have other ideas!</i></p>
		<p><b>April Harvest: Blueberries</b></p>		